Introduction to Reflective Practice Journaling


“Praxis, or the integration of theory and practice, does not result from the simple addition of theory to practice, or vice versa. Rather, integration is experienced as a conceptual leap: a particular event can be seen as an example of a broader principle or a specific direction can be discerned from a general principle. ... the reflective process is an integral part of learning how broad ideas and specific issues might be connected: that is learning how to learn” (Cleak and Wilson, 2013: 101).

You are encouraged to use a form of Praxis in your Reflective Journal based on Bogo and Vayda’s ‘loop of integration of theory and practice (Cleak and Wilson, 2013: 102 - 105).

The loop has four phases:

1. Experiencing (Embark and Clarify/Find and Generate)
2. Reflecting (Evaluate and Reflect)
3. Analysing and Understanding (Synthesis)
4. Action Planning (Communicate and Apply Ethically; Organize and Manage)

1. Experiencing - in your journal explain your responses (feelings, attitudes, words, behaviours) to the experiences you have in relation to the field placement and in completing the learning activities in each phase of the field placement.

2. Reflecting – explore and record your feelings: acknowledge the source of your feelings; What belongs to you? What belongs to others?; link the present situation with previous experience and knowledge.

3. Analysing and Understanding - Examine and record your work with reference to values, ethics, research, policy and issues of power, difference and perception.

4. Action Planning – identify the possible pros and cons of different actions in social and community work, generate plans of actions you might take in future and identify resources you might need.

In using praxis, you will develop Reflective Practice Skills needed for continued Professional and Lifelong Self-Learning.
Field Education Journal

Parts 1, 2 and 3

Due date Part 1: After completing Unit 1 Preparing for field placement
Due date Part 2: After completing Unit 2 Beginning field placement and Unit 3 During field placement
Due date Part 3: After completing Unit 3 Ending field placement
Value: 30%

Each part of the reflective journal is worth 10% (3 x 10% = 30%). The journal must be a Word Document and be submitted in the Moodle Drop Box.

Begin the Journal in week 1.

Instruction

The critical reflective journal is a chronological (day, week, time) self-reflection on your experiences while completing the field placement for SW300.

- It is a record of the research and social and community work knowledge that you have learned while completing the course and the field placement.
- It will help you to integrate social and community knowledge (theory) with your professional practice.
- It will help you to gather evidence, develop, and maintain your Social and Community Work Graduate Profile that demonstrates that you attained graduate attributes and outcomes that employers and individuals, families and communities expect of social and community work professionals.

Each journal entry should:

- State the Unit and phase of the field placement and be chronologically (Day, Date, Time) presented
- Be grammatically and structurally correct with proper referencing
- Name, Locate and Explain Experiences
- State Personal Learning Objectives (PLO)
- Record responses to Unit Learning Activities
- Specify Field Placement Hours with Evidence
- Express feelings of what was experienced and learnt during the work in the Field Placement
- Explain links between the present situation with previous experience and knowledge
- Provide evidence of Integrating Theory and Practice
- Demonstrate how Social and Community Work Graduate Outcomes are applied to experiences.
### SW300 RSD Marking Rubric for Reflective Practice Journal

<table>
<thead>
<tr>
<th>Facet of Social Work Praxis and Research</th>
<th>Total Mark for Facet</th>
<th>Element of Journaling</th>
<th>No Evidence (0%)</th>
<th>Grades D and E or Fail (&lt;1 mark)</th>
<th>Grades C, C+ or B (1 to 1.49 marks )</th>
<th>Grades B+, A, A+ (1.5 to 2 marks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organize and Manage</td>
<td>2</td>
<td>Unit and phase of the field placement Experience Chronologically (Day, Date, Unit and Phase) Presented</td>
<td>Not presented chronologically.</td>
<td>Complete but not fully presented chronologically.</td>
<td>Complete chronological presentation.</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Grammar, Structure and references</td>
<td>Poor grammar, structure and referencing.</td>
<td>Some grammatical, structural and referencing errors</td>
<td>No grammatical, structural or referencing errors.</td>
<td></td>
</tr>
<tr>
<td>Experiencing</td>
<td>2</td>
<td>Name, Locate and Explain Experiences</td>
<td>Experiences are not named, or not located and explanation is incomplete.</td>
<td>Experiences are named, located but not fully explained</td>
<td>All Experiences are named, located and fully explained.</td>
<td></td>
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<tr>
<td>Embark and Clarify</td>
<td></td>
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<td></td>
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<tr>
<td>Find and Generate</td>
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<tr>
<td>Personal Learning Objectives (PLO)</td>
<td></td>
<td></td>
<td>PLOs not specified or not self-generated</td>
<td>PLOs are specified but not fully self-generated.</td>
<td>PLOs are clearly specified and self-generated</td>
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<tr>
<td>Unit Learning Activities</td>
<td></td>
<td></td>
<td>Hours are not documented and responses are incomplete</td>
<td>Hours are not fully documented and some responses are complete</td>
<td>Hours are fully documented and responses are all complete.</td>
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<tr>
<td>Field Placement Hours</td>
<td></td>
<td></td>
<td>Hours are not fully documented.</td>
<td>Hours are documented with some evidence.</td>
<td>Hours are documented with evidence.</td>
<td></td>
</tr>
<tr>
<td>Facet of Social Work Praxis and Research</td>
<td>Grade</td>
<td>Element of Journaling</td>
<td>No Evidence (0%)</td>
<td>Grades D and E or Fail (&lt;1 mark)</td>
<td>Grades C, C+ or B (1 to 1.49 marks)</td>
<td>Grades B+, A, A+ (1.5 to 2 marks)</td>
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<td>Reflection</td>
<td>2</td>
<td>Feelings of what experienced and learnt during the work in the Field Placement</td>
<td>Feelings are not expressed or explored.</td>
<td>Feelings are expressed but lack full exploration.</td>
<td>Feelings are expressed and fully explored.</td>
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<tr>
<td>Evaluate and Reflect</td>
<td></td>
<td>Links between the present situation with previous experience and knowledge</td>
<td>No links are established</td>
<td>Some links are established</td>
<td>Links are fully established</td>
<td></td>
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<tr>
<td>Analyze and Synthesize</td>
<td>2</td>
<td>Evidence of Integrating Theory and Practice</td>
<td>Experiences are stipulated without evidence.</td>
<td>Experiences are stipulated with some evidence.</td>
<td>Experiences are fully stipulated with evidence.</td>
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<tr>
<td>Action Planning</td>
<td>2</td>
<td>Social and Community Work Graduate Outcomes are applied to experiences.</td>
<td>Experiences are articulated with little or no evidence of application.</td>
<td>Some experiences are articulated with evidence of application.</td>
<td>Experiences are fully articulated with evidence of application.</td>
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